

Amazing Ngapali Resort



Amazing Bagan Resort

Spa Thukha

Sometimes I wish to fly far as the moon.
Other Times, I'd love to be with you under the rays
of the sun on a deserted beach.
At Time, I can hold eternity in my tight grasp or, instead, drift
in the unseen past in a forest not yet touched by Man.

There are dreams that we feel we can never bring to pass and
there are dreams as simple as a thought and smooth as silk.

For certain, though, there are no easy dreams in this complicated life.
At Thukha - There are no dreams at all.

Every visit is marked by your complete serenity and satisfaction
in a world that opens up like a dream come to life.



Aromatherapy

It is a holistic treatment of caring for the body with pleasant smelling botanical oils using rose, lemon and jasmine. The essential oils are massaged into the skin and also the scent is diffused in the room. Aromatherapy relief pain, care for the skin, alleviate tension and fatigue and invigorate the entire body. The scented oils sooth your mood, alleviate fatigue, reduce anxiety and promote relaxation.

Aromatherapy

30 USD

Time taken : 75 min



Herbal Oil Therapy

A technique combining the healing power of Herbal oils and massage will leave you with a sense well-being. Experience this holistic approach to massage that promotes blood circulation and enhances the healing process that calming, energizing and cleansing effect of your body. Recommended for insomnia, fatigue, poor blood circulation, migraines, anxiety. Please try our wonderful massage with Herbal Oil Therapy.

Herbal Oil Therapy

30 USD

Time taken : 75 min



Traditional Thai Massage

Our original massage is based on traditional Thai massage technique. It completed a balance of body and releases tightness and reduces muscle pain followed by gentle stretching. Using the therapists weigh without oil, Thai Massage transmits pressure and energy to create a high effect which has been well known since the ancient time.

Traditional Thai Massage

Time taken : 60min - 20 USD

Time taken : 90min - 25 USD

Foot Reflexology

Foot Reflexology is applied to zones on the feet to all the body parts and organs. This stimulates the body's own healing and balancing process in a therapeutic way. It will relieve pain, reduces stress, improve circulation and increase energy.



Foot Reflexology

15 USD

Time taken : 60 min



Face & Head Massage

12 USD

Time taken : 30 min



Head & Shoulder Massage

12 USD

Time taken : 30 min

Thukha Spa Package

Thukha Loving Touch

30 USD

- Foot Reflexology
 - Traditional Thai Massage
- Taken time : 60 min
Taken time : 60 min

Thukha Vitality

48 USD

- Foot Reflexology
 - Traditional Thai Massage
 - Herbal Oil Therapy
- Taken time : 60 min
Taken time : 60 min
Taken time : 75 min

{All the package are included with healthy drinks}

Healthy Drink

Available Seasonal Fruit

- Fresh Orange Juice** : Help to raise blood quality as well as supplement essential nutrition to pregnant woman.
- Pineapple Juice** : Offer many vital elements as Vitamin A,C, potassium,calcium and other important mineral.
- Carrot Juice** : Improve eyesight at night and lower risks of cataract.
- Lemon Juice** : Provide nutrient that help to prevent anaemia symptoms.
- Water Melon Juice** : Contains lycopene that may help reduce the risks of prostate cancer, virtually fat free, nutritionally low in calories and considered an idea diet food.